

RHODE WARRIOR LIGHT



Vol. 1 No. 7 - NOVEMBER 2014

MISSION FIRST, SAFETY ALWAYS!

Briefs

UTA Lunch Menu

Saturday

Roasted Turkey Breast /
Drums / Wings
Applewood & Pineapple
Glazed Ham
Mashed Red Potatoes
Baked Sweet Potatoes
Corn
Glazed Carrots
Assorted Pies - Apple, Pecan,
Pumpkin, Sweet Potato
Salad Bar, Ice Cream, Dinner
Rolls
Cornucopia w/ assorted Fruits
& Nuts
Chocolate Fountain w/ Straw-
berries & Marshmallows

\$7.70 for
AGRs/Officers

Sunday

Philly Cheese Steak
Chicken Philly Cheese
Eggplant Parmesan Sandwich
French Fries
Onion Rings
Green Beans
Mixed Blend
Chocolate Cream Pie, Banana
Cream Pie
Salad Bar featuring Tuna &
Grilled Chicken

\$4.65 for
AGRs/Officers

\$\$Pay\$\$

November 2014 UTA
is scheduled to pay on
18 November 2014

Weather Forecast

Quonset ANGB, RI

Saturday - 50° Brisk and
showers

Sunday - 49° Gusty

RHODE WARRIOR
143d Airlift Wing

Thank You! - Let's Keep Running!



Col Floru

TEAM,

Thank you. The 2014 Capstone event of our Commander's Inspection Program (CCIP) is complete. Like every other challenge taken on by the Rhode Warriors, our Team returned stunning results. One of our most important objectives is to make 143d Airlift Wing better every day. The results of this inspection validate our continuous process improvement. Our Rhode Warrior spirit was clearly evident. In support of Air Mobility Command, we effectively execute the mission, improve the unit, lead people, and manage resources with a high level of energy and intensity. This has been our hallmark for many years. Because of your efforts, every major graded area was scored as "Effective" with two sub-areas scored as "Highly Effective."

For the first time, we had the opportunity to have our colleagues in the 102d Network Warfare Squadron and the 282d Combat Communica-

tions Squadron be part of the Wing inspection. As an overall Team, we put on a dazzling display.

Our next challenge is the CHEMEX planned for Sunday. Please approach this with our typical level of Rhode Warrior energy. This exercise is an important part of the CCIP and we need to keep our skills sharp. Continue to make safety and risk management a part of all activities. Our TEAM needs you.

Approaching the holiday season, remember, our Wingman program is always active so should anyone need help of any kind, call a TEAMMATE, a supervisor, a first sergeant, a commander, or me. We guarantee a Wingman response within minutes - no questions asked. Just make the call.

Thank you for keeping our Rhode Island Air Guard brand at the top of the class.

As always, just lucky, honored, and most proud to be on the Team,

Colonel Art Floru
Commander, 143d Airlift Wing

Fall Back! Change Your Clocks... And Your Batteries!

The 143d Airlift Wing Fire Emergency Services Flight reminds our team and their families that one simple step can help save their lives and the lives of those around them. Everyone is encouraged to use the extra hour they "gain" from Daylight Saving Time to change the batteries in smoke alarms and carbon monoxide detectors, test alarms and remind friends, family, neighbors and fellow community members to do the same.

According to the National Fire Protection Agency, 71% of smoke alarms which failed to operate had missing, disconnected or dead batteries. Changing smoke alarm batteries at least once a year, testing those alarms and reminding others to do the same are some of the simplest, most effective ways to reduce these tragic deaths and injuries.

Lead, Mentor, Teach...

Do not under estimate the importance of completing your Professional Military Education (PME), Career Development Courses (CDC's), Community College of the Air Force (CCAF) degrees, and civilian continuing education. Don't get caught in a situation where an opportunity for advancement arises and you are not properly prepared. Speak to your supervisors, First Sergeant, Unit Career Advisor, or the Retention Office for more information about education and career development opportunities available to you.



Do Your Part to Stop Terrorism.
The First Step is Knowing What to Look For.
The Eagle Eyes program is an Air Force anti-terrorism initiative that enlists the eyes and ears of Air Force members and citizens in the war on terror.

If you see or hear something suspicious call Security Forces 24/7 - 401-267-3530
Your local Anti-Terrorism Officer is LtCol Peter Horne - 401-267-3248

AIRMAN SPOTLIGHT... SRA Kyle Anthony

143d Communications Flight

By: Tech. Sgt. Jason Long and Master Sgt. John McDonald
143d Airlift Wing, Public Affairs

Rank/ First & Last Name:

Sra Kyle Anthony

Squadron:

143d Communications Flight/ Information Assurance (IA)

Duty Title:

Cyber Surety

Years of Service:

Three Years

Family's Military Heritage:

My Grandfather was in the Navy, Korean War

What is your mission here?

Keeping the network secure and assuring members follow the rules about Communication Security

What are some of the challenges you face while conducting your mission and how do you overcome them?

Some technical aspects of the job is explaining and educating the customer, sometimes I have to use layman terms

Why did you join the Air Force?

Educational benefits and because the Air Force is the leader of the technical branch of our military

What are your short term goals in the Guard?

Airman Leadership School - Promotion to Staff Sergeant

Each month the 143d AW Public Affairs Office will identify and interview an Airman from within the 143d AW for the Airman Spotlight. To nominate one of your Airmen (Enlisted or Officer) please contact the PA office at 143aw.pa@ang.af.mil



What about long term goals in the Guard?

Bachelor's Degree in Political Science/ Law School **What is your civilian employment?**

Manager, Mediterraneo Restaurant

How does your military training improve your civilian job?

Keeps my priorities in order, also teaches me responsibility and helps me deal with my staff

What is the proudest moment of your life?

Graduating Basic Training

Do you have any hobbies?

Physical Fitness/ Gym

How do you stay fit to fight?

Go to the gym, run, eat healthy

SRA Anthony is originally from Warwick, RI. He went to Warwick Vets H.S. and is presently attending RIC.

Don't Miss the Low Hanging Fruit!

- Check your Fire Extinguisher Inspections
- Clean up your work centers
- Do your Safety Spot Inspections
- Check your Form 55's
- Do NOT have unauthorized equipment or chemicals in your work area
- Use proper waste receptacles
- Use Operational Risk Management - On and Off Duty
- Practice Customs and Courtesies
- Ensure Correct Wear of your Uniform
- Continue your MICT checklists - constant compliance
- Be a Good Wingman

Mission First, SAFETY ALWAYS



Resilience Corner

Building and sustaining a thriving and resilient Air Force Community that fosters mental, physical, social, and spiritual fitness.

Balance Your Thinking...

Do you sometimes find your brain driving reactions that interfere with your goals, values or performance? Are you looking at things with an all-or-nothing attitude, blaming yourself or others for things that go wrong, assuming you know what another person is thinking without asking? This is the time to balance your thinking. This will help you perceive situations accurately and take action based on solid evidence. Before jumping to conclusions or after you've reacted to something in an unusual way check for balanced thinking. Examine all the evidence, don't make assumptions, and check for double standards. Or phone a friend! Using these steps you can determine if you should revise your interpretations or actions based on new evidence.

Remember there are resources for you, your family and your Wingman:

WDPH - Dr. Dave Lacey - 401-267-3330
SPPM - Maj William Rebeck - 401-267-3242
Chaplain - Captain David Thurber - 401-267-3486
Your First Sergeant, Supervisor and Commander

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