

RHODE WARRIOR LIGHT



Vol. 2 No. 3 - MARCH 2015

MISSION FIRST, SAFETY ALWAYS!

Briefs

UTA Lunch Menu

Saturday

Corned Beef
Shepherd's Pie
Veggie Burgers
Boiled Potatoes
Cabbage
Baby Carrots
Mixed Veggies
Irish Soda Bread

Sunday

Buffaque Chicken
Baked Fish
Veggie Lasagna
French Fries
White Rice
Corn
Green Beans
Dinner Rolls

Available Both Days

Salad Bar featuring Shrimp,
Tuna and Grilled Chicken
Cookies
Ice Cream

Hours of Operation

1100-1300

\$5.55 for
AGRs/Officers

\$\$Pay\$\$

March 2015 UTA is
scheduled to pay on
or about 18 March

Weather Forecast

Quonset ANGB, RI

Saturday - 33° Possible
Snow Shower at Night

Sunday - 40°
Chance of Light Rain or
Snow Shower

Snow? No kidding...

RHODE WARRIOR
143d Airlift Wing

Change of Command - 143d Airlift Wing



Col Walter
Wing Commander



LtCol Hart
Vice Wing Commander

143d Airlift Wing Receives New Command

Master Sgt Janeen Miller 143d AW/PA

February 8, 2015 - Quonset Air National Guard Base, North Kingstown, Rhode Island - Colonel Arthur Floru relinquished command of the 143d Airlift Wing to Colonel Daniel Walter during a Change of Command Ceremony held in the Maintenance Hangar at Quonset Air National Guard Base in front of the Airmen of the 143d Airlift Wing and distinguished guests. Colonel Floru served proudly as the Wing Commander for three years. He guided the Wing through several successful inspections, Air Shows and an Air Force wide known International Training Program. Col Floru has taken a position at Joint Force Headquarters-RI as the Chief of Staff for the Rhode Island Air National Guard.

Colonel Walter, Vice Commander of the 143d AW, assumed command from Col Floru. Col Walter addressed the Wing stating that the focus will remain the same for the Wing moving forward. Our physical fitness and professional military education emphasis will continue with

the addition of leadership training opportunities for both enlisted and officers. He went on to say, "I'm also a bit worried that we've been working so hard for so long we've forgotten how to enjoy each other's company and that's not a trivial thing. We just don't know each other as well as we used to. To be good Wingmen we've got to know each other like family." One of his goals going forward will be to encourage the Rhode Warriors to spend more time with one another outside of the duty day.

Col Walter added that we have a lot of work ahead of us but he is confident that we will tackle the jobs and get them done in true Rhode Warrior fashion. He closed by saying, "I just want to say that I'm proud to be here, leading you, working for you. I'm proud of all the work you've done and I'm just proud to be on your team. I want you to feel that way too because if you don't you're missing the point of what we do here."

Col Walter is succeeded by Lieutenant Colonel Rick Hart as the Vice Wing Commander.

Spring Forward!
Don't forget to set your clocks
one hour AHEAD Saturday night!



Do Your Part to Stop Terrorism.
The First Step is Knowing What to Look For.
The Eagle Eyes program is an Air Force anti-terrorism initiative that enlists the eyes and ears of Air Force members and citizens in the war on terror.
If you see or hear something suspicious call Security Forces 24/7 - 401-267-3530
Your local Anti-Terrorism Officer is LtCol Peter Horne - 401-267-3248

AIRMAN SPOTLIGHT... SRA Brian Molloy

143d Security Forces Squadron

By: Tech. Sgt. Jason Long
143d Airlift Wing, Public Affairs

Rank/ First & Last Name:

Senior Airman Brian Molloy

Squadron:

143d Security Forces Squadron

Duty Title:

Security Forces

Years of Service:

Four Years

Family Military Heritage?

An Uncle who is a Master Sgt in the Civil Engineering Squadron and a Grandfather who is a former Marine

What is your mission here?

Defend the personnel and property of the USAF and the 143d Airlift Wing

What are some of the challenges you face while conducting your mission and how do you overcome them?

Making sure we are providing the best security possible at all times - by always remaining vigilant

How many times have you deployed?

I am currently training for my first deployment

Why did you join the Air Force?

To serve my country



What are your short term goals in the Guard?

To learn as much from my leaders and continue working hard

What are your long term goals in the Guard?

To obtain my bachelors degree

What is the proudest moment of your life?

Becoming a United States Air Force Airman

Do you do any volunteering?

I help coach youth hockey

Do you have any hobbies?

Dirt bike riding and playing hockey

How do you stay fit to fight?

I go to the gym 4 to 5 days a week

Each month the 143d AW Public Affairs Office will identify and interview an Airman from within the 143d AW for the Airman Spotlight. To nominate one of your Airmen (Enlisted or Officer) please contact the PA office at 143aw.pa@ang.af.mil

Don't Miss the Low Hanging Fruit!

- Check your Fire Extinguisher Inspections
- Clean up your work centers
- Do your Safety Spot Inspections
- Check your Form 55's
- Do NOT have unauthorized equipment or chemicals in your work area
- Use proper waste receptacles
- Use Operational Risk Management - On and Off Duty
- Practice Customs and Courtesies
- Ensure Correct Wear of your Uniform
- Continue your MICT checklists - constant compliance
- Conserve Energy
- Be a Good Wingman

Mission First, SAFETY ALWAYS

Resilience Corner

Do you have a Fixed Mindset or a Growth Mindset?

Patterns in our brains can strengthen over time and become a habit that interferes with your performance and goals.

Think about a dirt road - cars and trucks that travel make tracks in the road, and over time, these tracks strengthen or grow deeper. They become the easiest to follow. Our brains take similar shortcuts. After a few times down the same road, the patterns strengthen making it harder to get out of the rut. This is a fixed mindset.

A fixed mindset keeps you committed to a fixed viewpoint even if the results you are getting are interfering with productivity and goals. You are stuck in a rut.

In contrast, a growth mindset allows you to adapt to changing circumstances by experimenting with new perspectives.

Keep this in mind when you are introduced to new and changing procedures. Or even a new Airman who may be from a different generation than you.

RHODE WARRIOR LIGHT

Volume 2 - Number 3

143D AIRLIFT WING
EDITORIAL STAFF

WING COMMANDER
Colonel Daniel Walter

WING PUBLIC AFFAIRS OFFICER
Vacant

STAFF
Master Sgt. Janeen Miller
Tech Sgt. Jason Long
Tech Sgt. Sage Maker

The Rhode Warrior Light will be expanding to a four page newsletter beginning the April UTA. If you would like to submit an article or you have suggestions about what you would like to see more of please email 143aw.pa@ang.af.mil

143d Airlift Wing
Public Affairs Office

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